

JUNE 2025

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**CAMBRIDGE
NORTH DUMFRIES**

**ONTARIO
HEALTH TEAM**



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CND OHT STAFFING UPDATES



Transitions and Warm Welcomes

We would like to extend our sincere thanks to Sabrina Watson, who recently moved on from her role as Project Manager with the CND OHT. Sabrina was instrumental in advancing several key initiatives, including support for the Primary Care Network, projects focused on mental health and addictions, care for frail older adults and medically complex patients, and improving accessibility to medical testing for individuals with disabilities. Her dedication, insight, and leadership have left a lasting impact. We wish Sabrina all the very best in her next chapter.

We also extend our heartfelt appreciation to Angela Martin, who served as our Change Management Lead. Angela played a vital role in driving digital health innovations, including the implementation of online appointment booking systems and AI scribe technology. Her expertise and commitment have contributed greatly to our progress. We thank Angela and wish her continued success in all her future endeavors.

At the same time, we are pleased to welcome Wendy Lang as our new Change Management Lead. Wendy brings a wealth of experience and will be supporting initiatives in primary care and practice facilitation. We're excited to have her on board and look forward to the continued progress under her leadership. Wendy can be reached at wendyl@cndoht.com.

CND OHT NEWS & UPDATES



Cambridge North Dumfries OHT First Annual Report

We are proud to announce the release of the first-ever Annual Report for the Cambridge North Dumfries Ontario Health Team (CND OHT)—a landmark moment that coincides with our 5-year anniversary. This dual milestone marks five years of dedication to building a more integrated, collaborative, and person-centred health system for our community.

The report captures the progress we've made together over the past year, highlighting key achievements, strategic initiatives, and the measurable impact of our partnerships. It stands as a testament to the strength and commitment of our network—leadership, members, affiliate members, and community partners—who continue to work together to improve health outcomes and deliver more connected care across the region.

[2024-2025 Annual Report](#)



CND OHT Employment Opportunities

The CND OHT is currently recruiting for the following positions:

CND OHT Director
CND OHT Primary Care Lead

For full details and to apply, click the button below.

[Full Job Description](#)



Rural Ontario Medical Program (ROMP) Visits Cambridge

The Rural Ontario Medical Program (ROMP) continues to play a vital role in shaping the future of rural healthcare by providing medical students and residents with hands-on clinical experience in communities across Ontario. Recently, six medical students participated in a tour of Langs Community Health Centre, where they had the opportunity to learn about

the unique aspects of delivering care in a community-based setting.

During the visit, support staff from the Cambridge North Dumfries Ontario Health Team (CND OHT) engaged with the students, sharing insights into how the OHT supports primary care providers in Cambridge and North Dumfries. Also in attendance were representatives from the Waterloo Wellington Self Management Program and the Waterloo Region Community Diabetes Program, further highlighting the collaborative network of services working together to improve health outcomes in our community.

Heidi AI Scribe Case Study



Heidi AI Scribe is an intelligent medical documentation tool designed to assist healthcare providers by automatically transcribing and summarizing clinical conversations in real time. By reducing the administrative burden on clinicians, Heidi improves workflow efficiency, enhances patient-provider interactions, and ensures accurate and consistent medical records.

The Cambridge North Dumfries Ontario Health Team (CND OHT) has implemented AI scribe technology to enhance the efficiency of primary care services. The case study is now available.

[Full Case Study](#)



National
Indigenous
History Month



National Indigenous History Month

June is National Indigenous History Month.

A time to honour the rich histories, diverse cultures, and enduring contributions of First Nations, Inuit, and Métis Peoples.

At the Cambridge North Dumfries Ontario Health Team (CND OHT), we recognize that truth must come before reconciliation. This month—and every month—we commit to listening, learning, and acting alongside Indigenous partners to address the ongoing impacts of colonialism in healthcare, education, training, and social systems.

The need for change is urgent. We must confront systemic barriers, support Indigenous-led solutions, and ensure culturally safe, trauma-informed spaces for all generations. We stand in solidarity with Indigenous communities in the fight for health equity, land rights, language revitalization, and justice.

Let this month be more than reflection—let it be a call to action.

[National Indigenous History Website](#)



Happy Pride Month

This June, the Cambridge North Dumfries Ontario Health Team (CND OHT) proudly stands with 2SLGBTQI+ communities in celebrating Pride Month—a time to honour identity, embrace diversity, and reaffirm our collective commitment to equity and inclusion.

Pride reminds us that belonging, dignity, and well-being are rights—not privileges. As part of Ontario's health system transformation, we're working alongside partners across sectors to build a more connected, compassionate, and inclusive network of care and support.

Whether you're part of the 2SLGBTQI+ community, questioning, or an ally—you deserve to feel seen, heard, and valued.

Together, we're shaping a future where every person, every story, and every identity matters—not just in health care, but in every space we share.

[Pride Season Website](#)

FROM OUR NETWORKS

New Services & Resources Available for Patients



Region of Waterloo

Measles Guidelines

There has been increased measles activity in Southwestern Ontario. While measles cases are usually linked to travel outside of Ontario, since measles is highly contagious, a single case can result in local outbreaks, particularly among persons who are not fully protected against measles.

For more information on available vaccine clinics, potential public exposures and more, visit the Region of Waterloo Public Health website.

[Public Health Website](#)



WW Self-Management Program | Free Workshops

Self-Management workshops are designed to support you with getting the most out of life while living with a chronic or long-term condition. Workshops are offered for FREE in the Waterloo Wellington. Virtual and in-person programs are available.

For a list of available workshops and to register, visit their website today.

[WW Self Management Website](#)



Ask us about ConnectMyHealth - a new digital health tool that provides you with an online, single access channel to view your health records from participating hospitals in southwestern Ontario.

Visit info.ConnectMyHealth.ca or scan



ConnectMyHealth Patient Portal

ConnectMyHealth is this region's new patient portal that can provide access to health records from participating hospitals in southwestern Ontario, and help empower patients on their health journey. Patients will be able to view various types of health records, including radiology reports and images, laboratory and microbiology results, hospital discharge summaries, and more!

Using ConnectMyHealth, you can view your upcoming appointments, and subscribe to be notified by email when you have new results available.

ConnectMyHealth is safe and secure, can be used on desktop/laptop computers or mobile devices, and there is no cost to use it.

[ConnectMyHealth Website](#)

CND OHT RESOURCES & SUPPORTS

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Find Services
www.cndoht.com/find-services

Local Health & Social Services



Healthy Aging Resource Portal
www.cndoht.com/HARP

Local resources for older adults & their caregivers.



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Your health is our priority

Access healthcare providers who are
currently accepting new patients.

SCAN HERE

FOR MORE INFORMATION OR VISIT

WWW.DOCTORS4CAMBRIDGE.COM/CONTACT



This work is supported by the Cambridge North Dumfries Primary Care Network

ENGAGEMENT OPPORTUNITY



The CND OHT PFAC is Recruiting for New Members

The Patient, Family and Caregiver Advisory Council (PFAC) will inform decisions made regarding health, community, and social services in the region.

By partnering with our community we want to ensure we are meeting your needs and accommodating your preferences by incorporating your experiences, opinions, and knowledge.

We are always seeking advisors from diverse backgrounds who bring unique perspectives, including those who have experienced health inequity.

If you are interested in learning more about the CND OHT PFAC, visit [HERE](#)

CND OHT MEMBERS & AFFILIATE MEMBERS



To learn more about the Cambridge North Dumfries Ontario Health Team Members & Affiliate Members, visit our Member Directory.

[Member Directory](#)

CONNECT WITH US



If you have any questions, or would like to learn more about the Cambridge North Dumfries OHT, please reach out to info@cndoht.com.

www.cndoht.com

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